



2714 W. Azelee St. Tampa, Florida 33609 - P:(813)873-2447/F:(813)873-2338

## **Post Operative Scaling and Root Planing Instructions**

1. Do not be alarmed if one of the following occurs:
  - a. Some soreness
  - b. Tenderness
  - c. Tooth sensitivity

**\*\*Any discomfort is more than likely from the anesthetic being administered and/or the thorough deep cleaning of the root surfaces. Ibuprofen can assist with any discomfort\*\***

2. Please call the office at 1-813-873-2447 so that we may render further treatment if any of the following occurs:
  - a. Prolonged numbness
3. Avoid smoking and/or chewing tobacco. Tobacco has a very large effect on your gums and periodontal disease. Tobacco is associated with an increased disease rate in terms of loss of the bone and gums, as well as an increase in the space between the gums and teeth. Tobacco is a major factor for chronic gum disease. Any type of smoking and/or chewing tobacco will have an adverse effect on the progress of your healing and may cause the gum disease to reoccur after treatment. If you are a smoker or chew tobacco, we highly recommend not to do so while you are healing or anytime after that.
4. If Arestin (antibiotic) was placed, postpone brushing those areas for a 12 hour period. Avoid eating hard, crunchy, or sticky foods for 10 days. Do not floss for 10 days around the site where Arestin was placed.

**Please call the office if excessive Bleeding, Fever, or Severe Pain occurs**

***(813) 873-2447 or (813) 873-2940***

***Emergency numbers for Dr. Abdoney:***

***Cell -(813) 477-0156***