



PERIODONTICS & IMPLANT DENTISTRY

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PRE-OPERATIVE INSTRUCTIONS

YES YOU CAN EAT prior to your appointment.

- Please be sure to have a good meal prior to your appointment since you will be numb and may not be able to eat after your surgery.

YES YOU HAVE PRESCRIPTIONS to take prior to your appointment.

- Once you have confirmed your surgery appointment, prescriptions usually are sent to your pharmacy either the Thursday or Friday prior to the week of your surgery.
- **Please take medications as directed, including the ones needed an hour prior to your surgery.** Take all other medicines you routinely take as usual unless specifically told otherwise.
- **Please bring the medications we prescribed to your appointment.**
- **IF** you have a sensitive stomach with medications, a pro-biotic, Equalactin, or Flor Restore can be taken.

YES WEAR COMFORTABLE CLOTHING (avoid light colors) to your appointment.

- The surgery rooms normally run COLD. Be prepared. You can bring a blanket if desired.
- PLEASE NO earrings or facial jewelry for X-Ray purposes.

IMPORTANT THINGS TO REMEMBER prior to your appointment.

- **Avoid alcohol** at least 24 hours prior to your appointment.
- **IF** you are taking any Doctor prescribed Aspirin or Blood Thinner medications, it is highly probable that you will need to discontinue the medications 3-5 days before your surgery due to these types of medications inducing bleeding. If a medical clearance is needed, please make sure to contact your doctor as we will need this completed by them and returned to your office prior to treating you.
- **IF** you requested an oral sedative (the prescription medication you will get from the pharmacy to relax you during the procedure) **you are responsible to get a ride to and from your appointment.** UBER/CAB SERVICES ARE NOT AN ACCEPTABLE FORM OF TRANSPORTATION as it is highly recommended you have someone at home to care for you until medication effects subside. Morning surgery times should avoid coffee for full effect.

Prescription Details

(Prescription names on the bottles may differ if generic brands were used)
(All medication listed may be substituted/omitted according to Health History)

1 Hour Prior to Surgery:

1. Augmentin 875mg (antibiotic) - (A substitute medication will be discussed if allergic to Penicillin)
2. Ibuprofen 800mg (anti-inflammatory)
3. Zofran 4mg (anti-nausea)
4. Halcion .125mg (sedative) → IF you requested an oral sedative

After Surgery:

1. Augmentin 875mg (or substitute is allergic to Penicillin) - (antibiotic): as instructed **until bottle is finished**
2. Ibuprofen 800mg (anti-inflammatory): as instructed for first 5 days or as needed for discomfort/inflammation.
3. Norco 7.5/325 (pain medication): as instructed whenever needed for pain relief.
4. AO Rinse (mouth rinse): You'll get this at your appointment. Start the day after surgery rinsing 3 times daily.
5. **Metronidazole 500mg (antibiotic): This MIGHT be prescribed to you after surgery. Varies patient by patient.

ONLY if you had a Sinus Lift:

1. Afrin Nasal Spray: Start the day after surgery. Use as instructed.
2. Flonase Nasal Spray: Start the day after surgery. Use as instructed.